



# ECOS

EMMANUEL COMMUNITY OPHTHALMIC  
SERVICES SOCIETY & ECOS EYE HOSPITAL

## *Annual Activity Report* 2022-2023



**ECOS @ 33**

[www.ecoseye.org.in](http://www.ecoseye.org.in)

*We Are Committed For Inclusive Holistic Care !!*



# ✓ ଡାକ୍ତରବାବୁଙ୍କ ଠାରୁ ପଦେ ଅଧେ...

ପ୍ରିୟ ବନ୍ଧୁଗଣ,

ଆପଣମାନଙ୍କୁ ଇକସ୍ ଚକ୍ଷୁ ଚିକିତ୍ସାଳୟ ହାର୍ଦ୍ଦିକ ସ୍ୱାଗତ କଣାଏ । ଦକ୍ଷିଣ ଓଡ଼ିଶାର ଜନସାଧାରଣଙ୍କ ସେବାରେ ଏହି ଅନୁଷ୍ଠାନ ମେ ୧, ୧୯୯୧ ରୁ ଆରମ୍ଭ ହୋଇ ଆଜି ଦିନରେ ୩୩ ବର୍ଷରେ ପଦାର୍ପଣ କରିଛି ।

ଗିରିରୋଡ଼ରେ ପ୍ରଥମେ ଏହି ଅନୁଷ୍ଠାନ ଆରମ୍ଭ ହୋଇଥିଲା ଏକ ଭଡ଼ା ଘରେ । ସେତେବେଳେ ଆମର ଜନ୍ମନାର ବାହାରେ ଥିଲା ଯେ ଏହା ଦକ୍ଷିଣ ଓଡ଼ିଶାର ସର୍ବ ପ୍ରଥମ ଏକ ନିର୍ଭର ଯୋଗ୍ୟ ଚକ୍ଷୁ ଚିକିତ୍ସାଳୟ ରୂପରେ ପରିଗଣିତ ହେବ । ଏହି ଅନୁଷ୍ଠାନ ଆରମ୍ଭ କରିବା ପୂର୍ବରୁ ଏହି ବ୍ରହ୍ମପୁର ରେ ସିଟି ହସପିଟାଲରେ ମୁଁ ସରକାରୀ ଡାକ୍ତର ଭାବରେ



ECOS started here in Giri Road, Brahmapur



ECOS moved here in 1998

କାର୍ଯ୍ୟରତ ଥିଲି । ଚକ୍ଷୁ ରୋଗୀ ମାନଙ୍କର ଉପଯୁକ୍ତ ସେବାରେ ଅଭାବ ଦେଖି ଏହି ପରି ଏକ ଅନୁଷ୍ଠାନ ଆରମ୍ଭ କରିବା ମୋ ଜୀବନର ଏକ ସ୍ୱପ୍ନ ଥିଲା । ୧୯୮୪ ମସିହାରେ ମୁଁ ଗୋଟିଏ ଚକ୍ଷୁ ଶିବିର ଶେଷ କରି ଗାଡ଼ିରେ ଫେରୁଥିଲି ଏବଂ ଏକ ଦୂର୍ଘଟଣାରେ ମୃତପ୍ରାୟ ହୋଇ ଦୀର୍ଘ ୬ ମାସ ବନ୍ଧୁକା ପାଇଁ ସଂଗ୍ରାମ କରୁଥିଲି । ଭାବିଲି ଈଶ୍ୱର ଯେହେତୁ ମୋ ଜୀବନ ରକ୍ଷା କରିଛନ୍ତି ; ତାଙ୍କର କୌଣସି ମହତ୍ତ୍ୱ ଉଦ୍ଦେଶ୍ୟ ଥୁବ । ସେତେବେଳେ ମୁଁ ପଶ୍ଚିମ ଓଡ଼ିଶାରେ ଏକ ମିସେନାରୀ ଚକ୍ଷୁ ହସପିଟାଲରେ କାର୍ଯ୍ୟ କରୁଥିଲି ।

ଇଶ୍ୱରଙ୍କ ଅନୁଗ୍ରହରୁ ଇକସ୍ ସମସ୍ତଙ୍କ ସହାୟ୍ୟ ସହଯୋଗରେ ବଢ଼ି ଉଠିଲା । ଜର୍ମାନୀର ସିବି-ଏମ୍ ସଂସ୍ଥା ସହଯୋଗରେ ୧୯୯୮ ମସିହାରେ ଆମେ ୩ୟ ତୋଟା ସାହି ସ୍ଥିତ ଏକ ଗୃହ କ୍ରୟ କରି ତାହାକୁ ଆମର ହସପିଟାଲ ରୂପେ ବ୍ୟବହାର କରୁଅଛୁ ଏବଂ ଏକ ନୂତନ ଗୃହ ବର୍ତ୍ତମାନ ଚିକିତ୍ସାଳୟ ସମ୍ମୁଖରେ ନିର୍ମାଣ ହୋଇ ଅଛି, ଯାହା କାର୍ଯ୍ୟ କରି ଚାଲିଛି ।

ଅତ୍ୟାଧୁନିକ ଚକ୍ଷୁ ଚିକିତ୍ସା ପାଇଁ ସମସ୍ତ ଯନ୍ତ୍ରପାତି ଆମ ଅନୁଷ୍ଠାନରେ ବିଭିନ୍ନ ସମୟରେ ସ୍ଥାପିତ ହୋଇଛି । ବ୍ରହ୍ମପୁରରେ ପ୍ରଥମ ଥର ପାଇଁ ବହୁତ ଅତ୍ୟାଧୁନିକ ଯନ୍ତ୍ରପାତି ଆଣିବା ଇକସ୍ ସର୍ବଦା ଅଗ୍ରଣୀ ଭୂମିକା ନେଇଅଛି ।



Rebuilt ECOS Eye Hospital



ECOS Eye Hospital Annex Building

ଆମର ଲକ୍ଷ୍ୟ ଆର୍ଥିକ ଦୁର୍ବଳ ଏବଂ ଗରିବ ରୋଗୀମାନେ ଯେପରି ଖର୍ଚ୍ଚିତ ନହୋଇ ଭଲ ଚିକିତ୍ସା ପାଇ ପାରିବେ ଏଥିପାଇଁ ଆମେ ସର୍ବଦା ଚେଷ୍ଟା କରି ଆସିଛୁ । ଭାରତ ସରକାରଙ୍କ କାତାୟ ଅକ୍ଷୟ ତୃନାକରଣ କାର୍ଯ୍ୟକ୍ରମରେ ସାରା ଦକ୍ଷିଣ ଓଡ଼ିଶାରେ ଇକସ୍ ସଦାବେଳେ ପ୍ରଥମ ସ୍ଥାନରେ ରହିଅଛି ।

ଏହି ଅନୁଷ୍ଠାନରେ ତାଲିମ ପ୍ରାପ୍ତ ଚକ୍ଷୁ ଚିକିତ୍ସକ ମାନେ ଓଡ଼ିଶାରେ ବହୁ ସ୍ଥାନରେ ସୁନାମ ଅର୍ଜନ କରିଛନ୍ତି । ସେମାନେ ଯାଇ ଭୁବନେଶ୍ୱର, ସମ୍ବଲପୁର ଏବଂ ଅନ୍ୟସ୍ଥାନ ମାନଙ୍କରେ ସୁନାମ ଧନ୍ୟ ଚିକିତ୍ସାଳୟ କରି କାର୍ଯ୍ୟରତ ଅଛନ୍ତି । ଚକ୍ଷୁ ସହାୟକ ମାନଙ୍କ ପାଇଁ ଏହି ଅନୁଷ୍ଠାନରେ ଡ଼ିପ୍ଲୋମା ଡ଼ିଗ୍ରୀ ମଧ୍ୟ ଓଡ଼ିଶାରେ ପ୍ରଥମ କରି ଆମେ ୨୦୧୧ ରୁ ଆରମ୍ଭ କରିଛୁ । ବିଭିନ୍ନ ସମୟରେ ଅତ୍ୟାଧୁନିକ ଖ୍ୟାତି ସମ୍ପନ୍ନ ଚକ୍ଷୁ ବିଶାରଦ ମାନେ ଏହି ଅନୁଷ୍ଠାନକୁ ଆସି ତାଙ୍କର ସେବା ପ୍ରଦାନ କରିଛନ୍ତି ।

ପୁଣିଥରେ କହି ରଖିବାକୁ ଚାହେଁ ଯେ ଇକସ୍ ସମାଜର ସାଧାରଣ ବର୍ଗଙ୍କର ଭଦ୍ରତ ମାନର ଚକ୍ଷୁ ସେବା ପାଇଁ ସଦା ଚେଷ୍ଟା କରି ଆସିଛି ଏବଂ ଆସନ୍ତା ଦିନ ମାନଙ୍କରେ ଆପଣ ମାନଙ୍କ ସହଯୋଗରେ ଏହା ଅଧିକ କରିପାରିବୁ ।

ଆପଣମାନଙ୍କ ସହଯୋଗ କାମନାରେ  
ସର୍ବତ୍ର ଡାକ୍ତର ମିତ୍ତିରୁ କୁମାର ବଳ

# ECOS @ 33



## Our Guiding Force

*"The Lord will open for you his good treasure house, the heavens, to give you rain for the land in its season and to bless all you do; you will lend to many nations but you will not borrow from any." Deu 28:12*

### Vision

To develop and provide eye care facilities in Ganjam and neighboring districts of Odisha and Andhra Pradesh. To reduce the prevalence of preventable blindness through appropriate measures. To develop human resource for providing high quality eye care service. To provide General Health Care Services with an emphasis on women & children to improve their quality of life by reducing unnecessary disease burden and intervention in preventive, curative and rehabilitative aspect.

### Mission

To serve the people of southern part as well as whole of Odisha and adjacent states regardless of caste, creed or religion with a particular focus on the poor and marginalized in society, through the provision of quality care consisting of essential eye services, community eye health, general health, development and spiritual ministry in the name and spirit of the Lord Jesus Christ, so as to make Him known in word and deed.



# History



ECOS was born out of a vision of Late Dr. Mihir Kumar Bal when God saved his life from a near fatal road accident in 1984, while returning from an eye camp. He could see the purpose of God for which his life was saved. He considered life after that accident as a gift from God to serve the Blind people. Taking a step in faith, he resigned from Government job and with the support of friends in Emmanuel Hospital Association (EHA) New Delhi & EHA European Fellowship, ECOS Ministry took shape in 1st May 1991 and was registered as a charitable society in 1992. Contribution and encouragement of EHA in the formative years of ECOS has remained as an unforgettable memory in the life of ECOS.

ECOS started a base eye hospital "ECOS Eye Hospital" In a rental building at Giri Road, Brahmapur, Odisha. It is the first eye hospital in Southern Odisha and exclusive Eye Hospital in Odisha. It works in the love and spirit of Jesus Christ irrespective of Caste, Creed or Religion. It has done pioneering works in the field of Community Ophthalmology in Southern part of Odisha and neighbouring district of Andhra Pradesh. Christoffel Blinden Mission (CBM) International works in partnership with ECOS from 1992. CBM and World Bank Assistance Programme through Government of India (NPCB) has helped ECOS to have permanent infrastructure at 3rd Tota Street.

Federal Ministry for Economic Co-operation and Development Germany (BMZ), CBM Germany and CBMSARO Bangalore helped us to have a permanent structure (Annexe building) of four floors at 3rd Tota Street, Bijipur, Brahmapur (Infront of present hospital). The foundation stone was laid on 01 May 2013 and we shifted to this new building on 23rd March 2016. It was officially inaugurated on 14th April 2016, along with "Silver Jubilee" function. ECOS ventured to work in State Capital & started several vision centres. Jatni is one of them Post Covid time is still encourageable Comprehensive eye care service is provided at the door steps of people especillay physicalies handicaped person and women.

**Dr. Sashiprava Sahoo**  
Executive Director  
ECOS Eye Hospital





## Legal Details

**Name of the Association :**

Emmanuel Community Ophthalmic Services (ECOS) Registered

**Office Address :**

Illrd Tota Street, Bijipur, Brahmapur, Ganjam, Odisha, 760005.,

**Phone No.:** 0680-2950245, 7381088009.

**E-Mail :** nsecos6618@gmail.com, ecoseyehospital@gmail.com

**Web Site :** www.ecoseye.org.in

**Registration :** Registered under the society registration Act XXI of 1860 at Chatrapur, Ganjam, Regn.No. GJM1840-390/91-92, Dtd.24-03-1992.

**FCRA Registration No.:**

104910061, videNo.11/21022/70(183)/97FCRAIII, Dated 23-04-98, issued by Govt. of India, Ministry of Home Affairs, New Delhi.

**Income Tax Exempt.Regd. No :**

JUDL/12/12A/9697/22472 dated 16/19 Dec 1996.

**IncomeTax 80G Regn No.:**

CIT(E)/Hyd/123(06)/80G/2016-2017 dated26 Dec2016.

**Permanent Account No :** AAATE0754B

**Goods and ServiceTax Identification No :** 21AAATE0754B1ZK

**Tax Deduction Account No :** BBNE00193

**E-Trade Licence :** 986/2016

**Clinical Establishment No :** 254/03

**Statutory Auditor :** M/S Padhi and Co,Chartered Accountants, Tata Benz Square, Brahmapur, Odisha

**Bankers :** State Bank of India, Axis Bank Ltd, Kotak Mahindra Bank, HDFC Bank, Brahmapur

## Governance Members & Management

1	Miss Jyotsna Rani Patra	Harbino Villa, Hillpatna, Berhampur, Ganjam, Odisha
2	Rev. David Rout	Presbyter, L.W. Hospital, Manali-175131, Dist-Kullu, H.P.
3	Dr. (Mrs.) Sashiprava Sahoo	Shanti Nagar, Medical College, Berhampur, Ganjam, Odisha
4	DR. Subhankar Ghosh	Mandapada, Daulatbad, Cuttack, Odisha
5	DR. (Mrs.) Mira Rani Das	Mandapada, Daulatbad, Cuttack, Odisha
6	Dr. J Appa Rao	Gandhi Nagar, 3rd Lane, Berhampur, Ganjam, Odisha
7	Mr. Paul Sahu	Bijipur 3rd Tota Street, Berhampur, Ganjam, Odisha
8	Bishop Surendra Nanda	Diocese of Cuttack, Cuttack, Odisha
9	Dr. (Miss) Prabodhini Behera	Hillpatna, Berhampur, Ganjam, Odisha
10	Dr. Shankarlal Jain	Rangamatiguda, Nabarangpur, Odisha-764059
11	Dr. (Col) Subrat Das	159 Goutam Nagar, Bhubaneswar-751014, Odisha
12	Dr. Deepti Bal	Shanti Nagar, Goilundi, Berhampur, Ganjam, Odisha
13	DR. G. Immanuel	Seventh Day School Campus, Maninagar East, Ahmedabad, Gujarat-380008
14	Dr. Shakti Kumar Bal	Shanti Nagar, Goilundi, Berhampur, Ganjam, Odisha
15	Dr. Partho Mukherjee	Dept. of Neurology, 7th Floor A Block, CMC Vellore, R. Campus, Ranipat Tamilandu-632512
16	Mr. Manash Ranjan Patro	Old Christian Street, Berhampur, Ganjam, Odisha
17	Mr. Niranjana Sahoo	ECOS Eye Hospital Campus, 3rd Tota Street, Berhampur, Ganjam

### Governing Body of ECOS Society:

Sl.	Name	Designation	Aadhar No.
1.	Miss Jyotsna Rani Patro	Chairman	9586 5965 7262
2.	Rev. David Rout	Vice-Chairman	4779 1220 4066
3.	Dr. (Mrs.) Sashiprava Sahoo	Secretary & Treasurer	7906 6865 1556
4.	DR. (Mr.) Subhankar Ghosh	Member	7083 8785 9162
5.	DR. (Mrs.) Mira Rani Das	Member	3806 2092 2100
6.	Dr. Deepti Bal	Member	7410 4328 0193
7.	Dr. Shankar Lal Jain	Member	9721 0252 2606
8.	Mr. Niranjana Sahoo	Member	4460 3816 1888



### The local Management Committee of the hospital:

1	Dr (Mrs) Shashiprava Sahoo	Chairman	2	Dr. Chanchal Podar	Member
3	Soumya Ranjan Rout	Member	4	Ashok Ku. Sahoo	Member
5	Ashok Kumar Patra	Member	6	Santosh Sabat	Member
7	Nupur Bose (Sahoo)	Member	8	Sundar Raj Singh	Member

### Geographical Location

Ganjam district, the largest and thickly populated district of Odisha is in the Southern Part of the State with population of more than 36 Lakhs. Brahmapur is the main town which is very near to the official District Head quarter Chatrapur. It has a population of about six lakhs. The famous beach, Gopalpur-on-sea, is about 15 kms away and Andhra border is only 20 kms away from the city.

### Vision Centres

#### (i) Chilika

The first vision centre was dedicated to the community on 4th September 2016, in a rented accommodation of Gurudwara Singh Sabha, in front of INS Navy Chilika. Monday, Wednesday and Saturday from 09:00 am to 12:00pm are OPD days. Patients notified for surgical intervention are brought to base hospital. The Centre is creating awareness, eye camps, referral services and sensitization programmes to Panchayat Raj Institute members, ASHA & Anganwadi members and etc., on disability inclusive eye health within a radius of 40kms in the districts of Puri, Khurdha, Nayagarh.

#### (ii) Jatni

Jatni Vision Centre was started from 1st January 2019. Catering population seven lakhs. Every Sunday our team Ophthalmologist and other staff do OPD and bring Surgery Patients to have surgery at base hospital. Every first Sunday of the month free consultation is given to the poor patients.

#### (iii) Balipadar

Balipadar Vision Centre was started since long back weekly one day. It has been continued till 2022 December. Due to patient flow and request from the community we have hired the same building and continue service regularly.



## Satellite Centre

1. One very first day of Odia calendar month (sankranti) a fixed Eye Camp is held at Taratarini Temple (Purushottampur Block) in co-ordination with Tara Tarini Development Trust, for the poor people. People gather here to visit this famous temple and we take this opportunity to propagate eye health care message. This has been a successful program since 2006.
2. Since January 2012, a fixed Eye OPD is being held in Balipadar (Ganjam, Odisha) on every Friday with the support of a social worker in his house. This place is well connected to near by villages and comes under Buguda block.
3. A satellite centre in Daringbadi, District-Kandhamal (140Kms away), Odisha started functioning on 10th of every month from Apr 2015 in collaboration with an NGO "Jagruti" of Daringbadi. The response is good and incoming days we expect more patient flow from this centre.
4. Every Wednesday and Saturday, Eye OPD is being held at VISION CENTRE at Chilika, Balugaon, near Naval Centre.
5. This year World Glaucoma Week was celebrated with awareness Rally in collaboration with Jatni Rotary Club in the village Kudiari, Jatni with Mobile Eye Care Van.



General Body Meeting at ECOS



## *Glimpse Through Passing Years*

- 1991 : Foundation of ECOS Ministry & ECOS Eye Hospital at Giri Road, Brahmapur in a rented house  
: Cataract Clinic started
- 1992 : Outreach surgery camp started  
: School Children Screening and survey started  
: Partnership with Emmanuel Hospital Association (EHA) New Delhi & CBM International
- 1994 : Intra Ocular Lens (IOL) Implantation Surgery started
- 1995 : Started Fixed Eye Camp Facility at Tara Tarini Temple once a month on every Sankranti Day
- 1998 : Moved to 3rd Tota Street, Bijipur, Brahmapur - Permanent location with the assistance of CBM International
- 1999 : Satellite Centre at Aska, District-Ganjam started on 26 Mar 1999  
: Responded to relief work / service of "Super Cyclone" which hit Jagatsinghpur, District-Cuttack with collaboration of EHA, New Delhi.  
: Fellowship programme in IOL surgery recognised by NPCB, Government of India  
: 1st Floor of present hospital construction completed with assistance of CBM International and World Bank Assistance Programme through National Programme for Control of Blindness (NPCB)
- 2004 : Low Vision Clinic started  
: Fundus Camera and Humphrey Field Analyser added to the fleet of diagnostic equipment.
- 2005 : Partnership with Second Sight-U.K. Glaucoma Clinic started
- 2007 : In-House Optical dispensing unit started.  
: Partnership with Sarva Shiksha Abhiyan (SSA) Ganjam & School Children Screening in the Ganjam district
- 2008 : Diabetes Eye Care clinic started
- 2009 : First Eye Hospital to be recognised by Army Head quarters New Delhi for providing cashless eye care service to retired defense personnel (ECHS)  
: HIMS implemented with the help of LAICO (Aravind Eye Hospital) Madurai, Tamil Nadu  
: General Health Clinic stated on 1st June 2009
- 2010 : Mobile Optical Unit started
- 2011 : School of Optometry affiliated to CMAI New Delhi started  
: Eye Donation Centre started  
: Satellite Centre at Balipadar, Block-Buguda, District-Ganjam started  
: First Eye Hospital in Ganjam recognised by Government of India (Min of Labour) for providing free OPD and IP services to the poor and under privileged people under Rashtriya Swasthya Bima Yojana (RSBY) scheme.
- 2012 : A three year Project 'Bal Jyoti' for School Children Eye Health in Ganjam district started on 24 September 2012 under Public Private Partnership (PPP) mode with SSA Ganjam and district administration  
: A four year cluster project with ECOS, SCH Ranipeta and SCD Titlagarh undertitle "Strengthening of Community Eye Care Services and Rehabilitation" started on 1st October 2012 in collaboration with CBMSARO Bangalore, CBM Germany and BMZ Germany. ECOS implementing agency.
- 2013 : First Eye Hospital in Southern Odisha recognised by Government of Odisha (Min of Agriculture) for providing free OPD and IP services to the farmers under Biju Krushak Kalyana Yojana (BKKY) scheme.  
: Responded to Super Cyclone "Phailin" in Ganjam district in form of Primary Health Care, WASH, advocacy for mainstreaming disability and rehabilitation.  
: 1st May 2013 foundation stone was laid in 3rd Tota Street, for an annexe building of four storied.
- 2014 : Satellite centre started at Daringbadi, District-Kandhamal, Odisha  
: Awareness created in districts of Ganjam, Kandhamal, Gajapati, Rayagada, Koraput and Khordha using all available means.

- 2015: Dr. Mihir Kumar Bal was awarded "Eye Health Leader 2015" by International Agency for the Prevention of Blindness (IAPB).  
: School of Optometry started an one year certificate course (Vision Technician) affiliated to CMAI New Delhi
- 2016 : Moved to new Annexe building on 23rd March 2016.  
: Celebration of "Silver Jubilee" of ECOS and inauguration of new ECOS annexe building.
- 2017 : First "Vision Centre" of ECOS Eye Hospital started in Chilika on 4th September 2016, Dist-Khurda, Odisha.  
: Empanelled with Employee State Insurance Scheme (ESIS) from 15th Mar 2017.
- 2018 : Dr. Mihir Kumar Bal, for his lifelong untiring community eye health activities in Odisha was awarded "ACOIN Award 2017" on 9th September 2017 at Goa.  
: ECOS Rotary Royal Eye Hospital, Kalarahanga, Patia, Bhubaneswar started from 1st February 2018. A joint project of ECOS Society and Rotary but unfortunately ECOS withdrew from the venture due to practical difficulties from 31.12.2018.
- 2019 : Responded to cyclone "Fani" on 3rd May 2019 disaster relief to 4 villages of Krushnaprasad Block of Puri district from 4th May 2019 to 30th September 2019, including medical services, 13 health camps, 680 families benefitted from relief materials.  
: 2nd BMZ 3894 project implementation from May 2019 till April 2021.  
BMZ implementation by ECOS & partner SCD .  
: Modern equipments installed in ECOS through BMZ-CBM in December 2019 IOL master, OCT ,HFA ,Green Laser were installed at ECOS.  
: 4 DOOT Students are on training.  
: Surgical services and spectacles are provided. Eye checkup and counseling of prisoners in Chatrapur Jail.  
: Distribution of artificial Limbs & eye checkup of orthopedically handicapped people incollaboration with Rotary Club Berhampur East.  
: Ms Laura from Germany and Ms S. Nagaratana from CBM Bangalore visited ECOS Eye Hospital.
- 2020 : Glaucoma Week Celebration from 8th to 14th March, 2020 at Brahmapur Khallikote Stadium with live telecast in local language  
: From 11th March 2020 Corona Pandemic was declared by World Health Organisation, but lockdown started from 24th March 2020 onwards which made the hospital activities stand still. The lockdown was lifted by September 2020. Corona Pandemic 2nd wave started from 25/12/20.
- 2021 : RAAVI study from 8th to 25th February 2021 by AIIMS, New Delhi in collaboration with ECOS in Ganjam and Khurda District.  
: 2nd Phase COVID-19 Lockdown Started...
- 2022 : Newly Project Granted from CBM Project No. P-4262 MYP.  
: ECOS Mobile Eye Clinic Van Granted (ECOS on wheel)  
: Dr. Mihir Kumar Bal; sudden demise (July 23rd 2022).





## Over View of Statistics

Out reach activity programme continued to be the core activity, like previous years. Below Poverty Line (BPL) families remained our target group and priority patients. Rashtriya Swasthya Bima Yojana (RSBY), a Central Government Health Insurance Scheme to the BPL families, finally came to an end in Feb 2019. Replacing RSBY a new Health Insurance Scheme for BPL families launched by Central Government called 'Ayushman Bharat' was not implemented by Odisha State Government. Instead, a Health Insurance Scheme with added benefits and wider beneficiary was implemented known as 'Biju Swasthya Kalyan Yojana' (BSKY) by Odisha State Government.

From 1st March 2020 Corona pandemic started and spread quickly, and Lockdown was imposed by Govt. This curtailed all our activities we continued our work with difficulty. From September 2020 to March 2023 we are able to work for the people as usual. From September 2021 onwards BSKY Policy changed to provide quality surgical service (Phaco Imulsigication) a mandatory procedure for all BSKY Card holders. Phaco Suregery is time consuming but has good outcome. So, the number of cataract surgery per day are less than Pre Covid years. Newly we started Diabetic Retinopathy treatment through Laser and intravitreal injections to all patients including BSKY Card holders. From October 2022 onwards a lot of comprehensive eye care services are done at door step at people through Mobile Eye Care Van.

### ECOS EYE HOSPITAL YEARLY STATISTIC FROM APRIL 2022 TO MARCH 2023

	WITHOUT DISABILITY					WITH DISABILITY					G.TOTAL
	MALE	FEMALE	BOY	GIRL	TOTAL	MALE	FEMALE	BOY	GIRL	TOTAL	
TOTAL CONSULTANCY IN ALL CENTER	23432	24857	1397	1441	51127	295	470	232	219	1216	52343
BASE HOSPITAL	15218	167117	1003	972	33910	115	203	1006	97	521	34431
CAMP SITE	6128	6115	205	301	12749	106	220	102	96	524	13273
VISION CENTER	393	502	87	90	1072	28	16	10	19	73	11145
VAN CAMP	11693	1523	102	78	3396	46	31	14	7	98	3494
REFRACTION	34005	3227	387	404	7423	178	143	121	161	603	80026
F-UP	3421	3113	12	8	6554	47	59	4	2	112	6666
VISUAL ACTIVITY 6/18	3165	2752	14	10	5941	36	59	4	5	104	6045
SPECTACLE DISPENSED	2026	2099	204	315	4644	100	140	11	5	256	4900
LOW VISION	3	6	0	00	9	1	1	0	1	3	12
TOTAL EYE RRELATED SERVICES	3657	3286	23	35	7001	86	73	5	4	168	7169
CATARACT	3588	3192	21	30	6831	74	67	5	4	150	6981
GLAUCOMA	3	1	0	0	4	0	0	0	0	0	4
DIABETIC RETIONPATHY	7	9	0	0	16	4	2	0	0	6	22
OTHER OCULAR SURGERY	59	84	2	5	150	8	4	0	0	12	162
REFERRED TO HIGHER CENTER	16	23	1	2	42	16	2	2	4	24	66
PUBLICITY (AWARNNESS)	618908	600326	11145	10972	1241351	2778	3144	1103	1257	8282	1249633
TOTAL NO. OF CAMP	261				261					0	261
BSKY CATARACT	2462	2243	3	7	4715					0	4715
DBCS CATARACT	654	660	2	4	1320					0	1320
PAY CATARACT	441	505	0	0	946					0	946

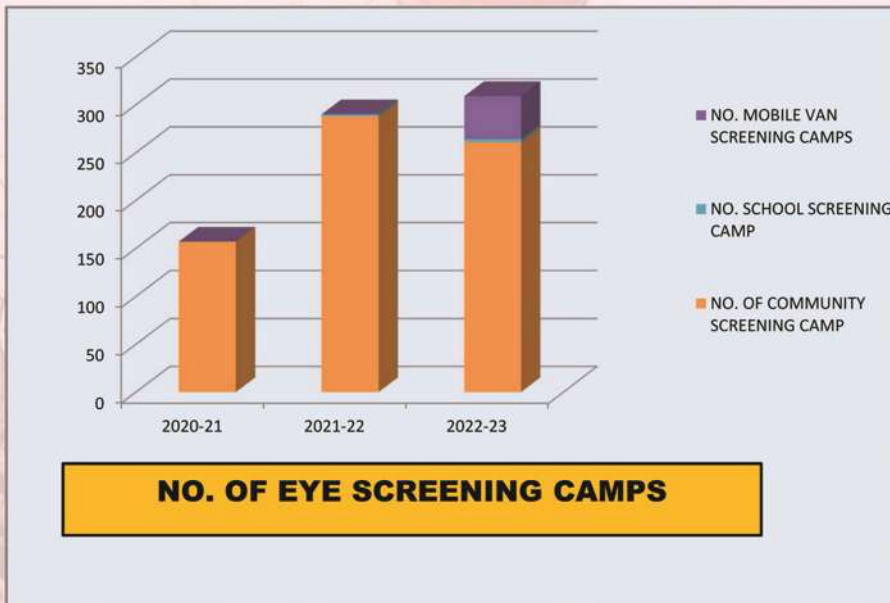
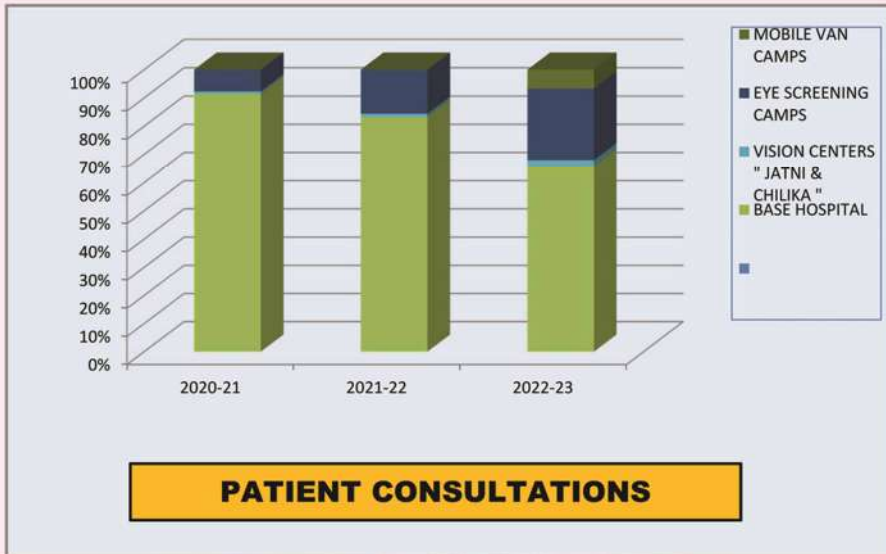
### COMPARISON STATEMENT OF HOSPITAL STATISTICS

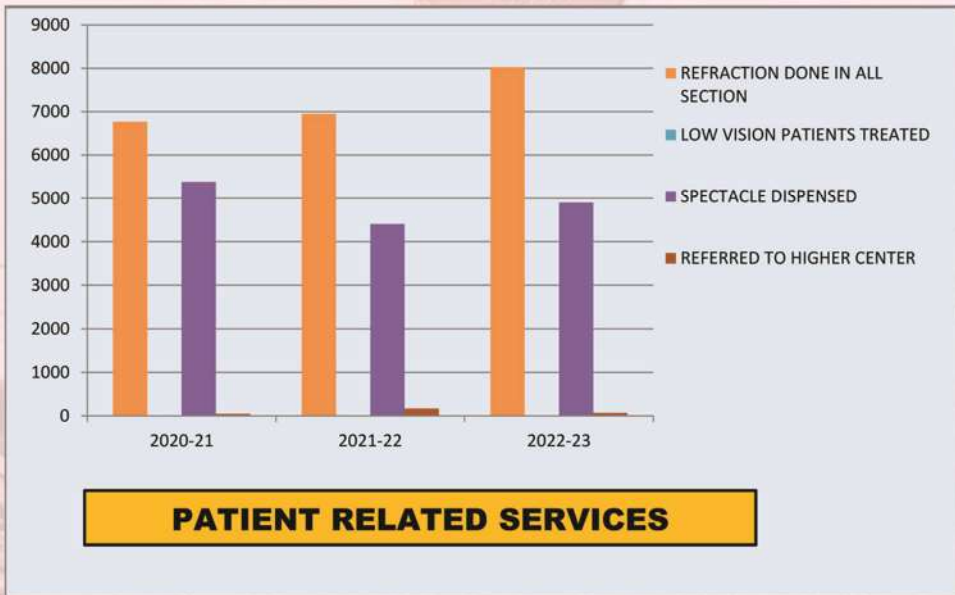
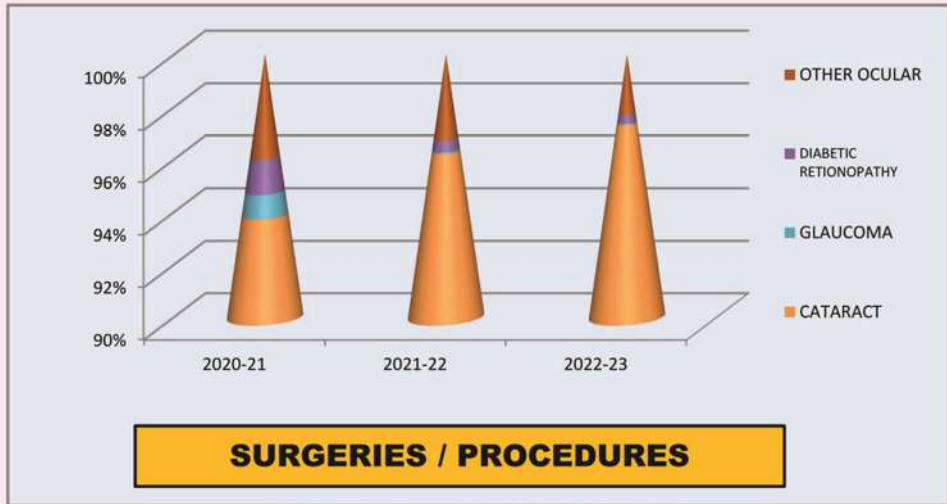
<b>PATIENT CONSULTATIONS :</b>	2020-21	2021-22	2022-23
BASE HOSPITAL	23074	24091	34431
VISION CENTERS " JATNI & CHILIKA "	201	309	1145
EYE SCREENING CAMPS	1948	4507	13273
MOBILE VAN CAMPS	0	0	3494
<b>EYE SCREENING CAMPS :</b>	2020-21	2021-22	2022-23
NO. OF COMMUNITY SCREENING CAMP	157	288	261
NO. SCHOOL SCREENING CAMP	0	2	3
NO. MOBILE VAN SCREENING CAMPS	0	0	45
<b>SURGERIES/ PROCEDURS :</b>	2020-21	2021-22	2022-23
CATARACT	1896	4669	6981
GLAUCOMA	18	3	4
DIABETIC RETIONOPATHY	26	21	22
OTHER OCULAR	79	155	162
<b>SERVICES :</b>	2020-21	2021-22	2022-23
REFRACTION DONE IN ALL SECTION	6766	6954	8026
LOW VISION PATIENTS TREATED	3	4	12
SPECTACLE DISPENSED	5380	4404	4900
REFERRED TO HIGHER CENTER	49	166	66

#### AWARENESS SERVICES :

Like previous years, eye health awareness activities were done by the hospital among the communities of three districts of Odisha : Whole Ganjam Dist and adjacent district of Puri and Khordha. Different method used by the hospital for creating the awareness on eye health such as : Wall painting, Radio talk, Tele Consultation, Hanging of Banners and Hoardings in different places, Announcement through Public Address System, Distribution of leaflets and IEC materials. During the reporting period, hospital was covered 22 blocks and 1 (One) BMC from Ganjam, 2 (Two) blocks "Delanga and Krushnaprasad "from Puri District and 3 ( Three) blocks " Jatni, banapur and Balugaon "from Khordha district. Hospital was reached to 1249633 Nos. of peoples by this activity.





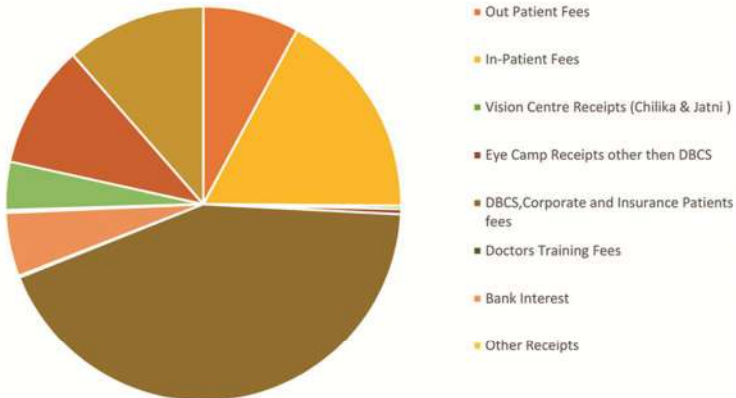




**EMMANUEL COMMUNITY OPHTHALMIC SERVICES & ECOS EYE HOSPITAL  
INCOME ABSTRACT FOR THE YEAR 2022-23**

INCOME Head of Accounts	Amount		Percentage (%)
	RS.	PS.	
Out Patient Fees	73,93,363.00		7.87
In-Patient Fees	1,62,05,503.00		17.26
Vision Centre Receipts (Chilika & Jatni )	2,56,500.00		0.27
Eye Camp Receipts other then DBCS	3,91,707.00		0.42
DBCS,Corporate and Insurance Patients fees	4,05,06,197.00		43.13
Doctors Training Fees	1,45,000.00		0.15
Bank Interest	48,75,389.00		5.19
Other Receipts	2,15,136.82		0.23
FC Grant-In-Aid & Other Receipts	36,88,760.00		3.93
Optical Service Receipts	94,90,439.60		10.11
ECOS-Drug House Receipts	1,07,48,364.31		11.44
<b>Total</b>	<b>9,39,16,359.73</b>		<b>100.00</b>

**GRAPHICAL PRESENTATION OF INCOME**

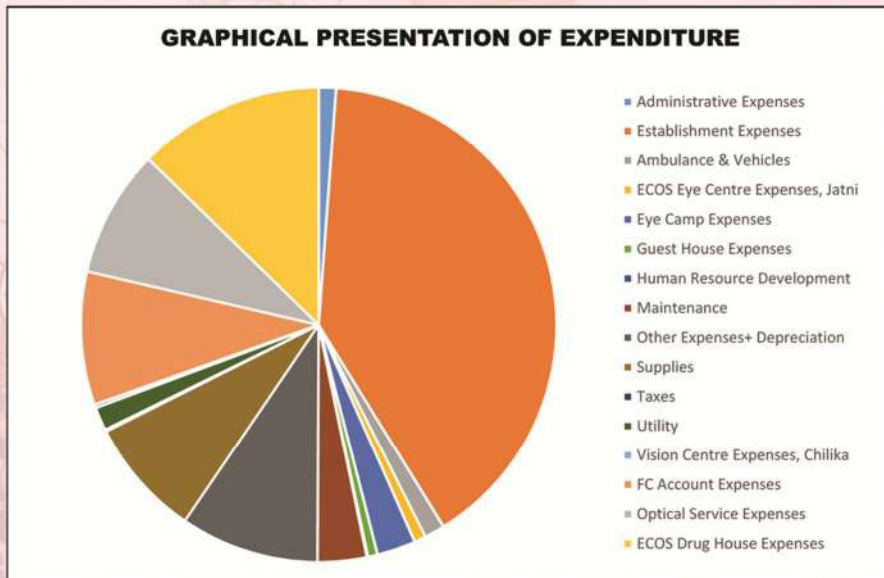


**EMMANUEL COMMUNITY OPHTHALMIC SERVICES & ECOS EYE HOSPITAL**

## EXPENDITURE ABSTRACT FOR THE YEAR 2022-23

EXPENDITURE Head of Accounts	Amount		Percentage (%)
	RS.	PS.	
Administrative Expenses	6,66,356.90		1.18
Establishment Expenses	2,27,49,058.00		40.23
Ambulance & Vehicles	7,91,442.84		1.40
ECOS Eye Centre Expenses, Jatni	4,47,134.00		0.79
Eye Camp Expenses	14,98,512.00		2.65
Guest House Expenses	58,231.00		0.10
Human Resource Development	42,312.00		0.07
Maintenance	18,92,494.00		3.35
Other Expenses+ Depreciation	53,86,888.16		9.53
Supplies	46,01,603.90		8.14
Taxes	78,026.40		0.14
Utility	9,02,637.00		1.60
Vision Centre Expenses, Chilika	1,34,134.00		0.24
FC Account Expenses	51,45,080.00		9.10
Optical Service Expenses	49,30,484.36		8.72
ECOS Drug House Expenses	72,24,163.98		12.78
<b>Total</b>	<b>5,65,48,558.54</b>		<b>100.00</b>

## GRAPHICAL PRESENTATION OF EXPENDITURE





## Human Resource

DESIGNATION	FULL TIME	PART TIME
1. Doctors(Ophthalmologist)	02	04
2. Doctor(Community Health)	01	-
3. Nurses	07	-
4. Optometrist	02	-
5. Ophthalmic Technician	06	-
6. Vision Technician	01	-
7. Pharmacist	03	-
8. Optician	02	-
9. Counsellor/cum Chaplain	01	-
10. Administrative Assistant	02	-
11. Accountant	01	-
12. Accounts Clerk	02	-
13. Office Assistant	06	-
14. Lab Technician	02	-
15. Mechanical Transport Driver	05	01
16. House Keeping staff	06	01
17. Electrician	01	-
18. Plumber	01	-
19. Security	06	-
20. Multipurpose Hospital Worker	06	-
<b>Total</b>	<b>63</b>	<b>06</b>

## Sustainability

ECOS was the first exclusive Eye Hospital of Odisha when it was started in 1991. Since then it has been giving sustainable service to the society despite of many hurdles and challenges. In spite of COVID-19 pandemic, our works have continued by HIS Grace.

## Hurdles

1. Man power Need
  - Committed Ophthalmic personals
  - Supportive Staffs
2. Money. Delay and procedural actions, bottle neck interacting with Government and Insurance Companies.
3. Materials. Replacement of old diagnostic sight saving equipment's and staff quarters.
4. Government policy changes.
5. Disaster (Natural calamities etc.)

## Training Programme

To meet the short fall of trained Para Medical Ophthalmic Assistants(PMOA), ECOS started School of Optometry with affiliation to CMAI on 1st Aug 2011. So far the School had trained 14 Students in diploma course and 08 students in certificate course. PMOA from our centre are doing excellent work in different parts of the State.

## Eye Donation Centre

Like previous years this year also it created awareness at all levels. A radio talk was also held during eye donation fort night.



Vision  
Centre  
of  
Balipadar  
&  
Jatni



Your Eyes can add light to someone's life

YOU light ..... EYE sight

**ECOS EYE DONATION CENTRE**  
(Member of Eye Bank Association of India)  
Authorised by Government of India

**WE ARE COMMITTED FOR INCLUSIVE HOLISTIC CARE !!**

3rd Tota Street, Bijipur, Brahmapur, Ganjam, Odisha

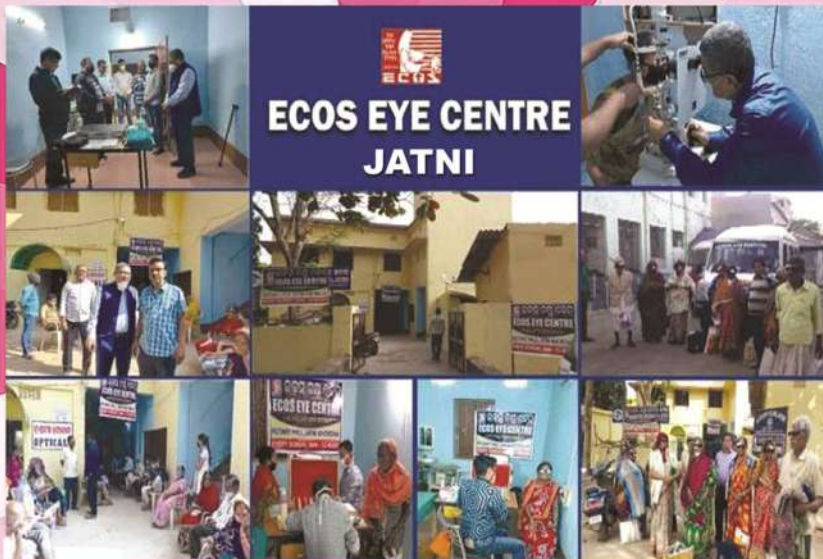
Helpline : 9735636312 / 9438769535 (24hrs) Service  
E-mail : ecoseyehospital@gmail.com, Website : www.ecoseye.org.in



## Organizations who joined Hands with us for service delivery....

We thankfully acknowledge the participation of following organizations for their help in organizing and creating awareness on eye health activities in remote of Southern Odisha.

- Catholic Churches of Dantilingi, Nuagam, Rayagada, Adava, Mohana
- Rotary Club Midtown, Brahmapur, Odisha
- Rotary Club of Brahmapur East, Rotary Club of Jatni, Khorda District
- Jagruti (Mother NGO), Daringbadi, Kandhamal, Odisha
- Tara Tarini Development Authority, Tara Tarini, Odisha
- AIIMS, New Delhi
- CBM



Inauguration of JATNI VISION CENTRE On 3rd January 2021 (Sunday)

## Gratitude

Weat ECOS wish to convey our heart felt gratitu deto all our Donors, Partner sand all well-wishers world wide. Also sincerely thank too urenduring members and volunteeers of ECOS.



## Future Plan



Branch Hospital in Khurda District (Near Bhubaneswar)

A new building for staff quarters



Extensive ROP Screening Camps in Urban & Rural areas  
Vision Centre / Community Resource Centre

## Epilogue

The God's unseen hands has led us through an other year in spite of many uncertainties. All glory to HIM only.



## Our Service Available :



# ECOS EYE HOSPITAL cbm

3rd Tota Street, Bijipur, Brahmapur, Ganjam, Odisha - 760005  
E-mail : [ecoseyehospital@gmail.com](mailto:ecoseyehospital@gmail.com), Website : [www.ecoseye.org.in](http://www.ecoseye.org.in)

**WE ARE COMMITTED FOR INCLUSIVE HOLISTIC CARE !!**

**CBM PROJECT # 4262 - MYP**

**MODERN EYE EQUIPMENTS & FACILITIES AVAILABLE**

- Centurion Phaco System (ALCON)
- CMOS - 1 Advanced Phaco Machine
- Green Laser (ZEISS)
- Yag Laser (ZEISS)
- Fundus Camera (ZEISS)
- Auto Refractometer & Keratometer (ZEISS)
- IOL Master - 700 (ZEISS)
- A-Scan Biometer
- Ocular Sonography CB - Scan
- Corneal Pachymeter
- O C T (ZEISS)
- Operating Microscopes (ZEISS, TAKAGI)
- Humphrey Field Analyser
- Refractive Cataract Surgery with PHACO and various of Eye Surgeries. Advance management of Glaucoma.
- Medical & Surgical Management of Glaucoma with advanced care
- Diabetic Retinopathy ( Treatment with intravitreal Injection and Laser etc.)
- Pterygium, Lid, DCR, ORBIT and SQUINT Surgery.
- Most Advanced System for IOL power calculation Zeiss IOL Master 700.
- Optical Coherence Tomography (OCT), Fluorescein Angiography.
- Computerised Automated Field & Pachymetry recording for Glaucoma ( Applanation Tonometry)
- Fundus Photography by Advanced Camera & Facility for E-Image Transmission.
- Subsidized or free eye operations for economically backward and poor patients with food (after due investigation by Hospital Authority)
- Free Eye surgeries for BSKY Scheme.
- Satellite Centre at Aska, Balipadar & Daringibodi (Kandhama) Jatani (Khordha)
- Regular Community Eye Health Activities. School Eye Health Checkup.
- Contact lens Clinic, Advanced Spectacle dispensing Unit & Low Vision Clinic.
- Vision Centre at Chhika (Near Neural Square)
- Cashless Facility to ESIC, ECOS and other Insurance Companies.

**Cell : 9438769535, 8918422918 , 9735636312**

IS YOUR  
**Eye Pressure**  
UNDER CONTROL?  
Increased Eye Pressure CAN BE  
**GLAUCOMA**

GLAUCOMA Slowly damages EYE SIGHT Without any PAIN OR SYMPTOMS  
**EARLY DETECTION CAN SAVE YOUR VISION !**

**ECOS EYE HOSPITAL cbm**  
**FIRST EYE HOSPITAL IN ODISHA**  
3rd Tota Street, Bijipur, Brahmapur, Ganjam, Odisha  
**WE ARE COMMITTED FOR INCLUSIVE HOLISTIC CARE !!**  
Cell : 8918422918 / 9735636312  
E-mail : [ecoseyehospital@gmail.com](mailto:ecoseyehospital@gmail.com), Website : [www.ecoseye.org.in](http://www.ecoseye.org.in)

**GLAUCOMA CLINIC**  
**EVERY WEDNESDAY**  
**(4.00 P.M TO 7.00 P.M)**

**Newly Started**  
**Mother & Child**  
**Health Consultation**

**DIABETICS CLINIC**  
**EVERY FRIDAY**  
**(4.00 P.M TO 7.00 P.M)**



## Activities in Current Year (2022-2023)

*Besides our routine activities of Base Hospital and Community Outreach through Eye Camps following activities were conducted*

1. Received CBM Project P-4262 MYP from 1st January 22nd to 31st December 2024. To enhance capacity of ECOS Eye Hospital, like previous project has been the lead partner to strengthen Eye Care Services in 3 Districts of Odisha. In the following activities were conducted:
  - i. Improved access to inclusive Ophthalmic Services.
  - ii. Improved infrastructure for service care delivery.
  - iii. Improvement of technical skill of staff.
  - iv. Procurement of Sight Restoring Eye Equipments.
2. Eye service for Prisoners : Eye care was given to 40 prisners in Chatrapur Jail and spectacles were provided free of cost.
3. School Survey activities : This service was done in different schools of Saraswati Vidya Mandir Hinjilikatu and De Paul School Gopalpur and also Harabindo Vidya Bhaban around **200 Students** were provided free Spectacles by ECOS.
4. On 23rd July 2022 our Executive Director Dr. Mihir Kumar Bal sudden demised. In his absence the Lord is helping us to fulfill his vision. The Lord is doing Miraculous work and ECOS service work day by day improving and patient flow is increasing and the same time we are doing all the community service activities.
5. World Sight Day Celebrated on 13th October 2022, On this special day Ganjam CDMO (Dr. Uma Shankar Mishra) inaugurated Mobile Eye Clinic Van.
6. Mobile Eye Clinic Van helps us to reach the vision of ECOS Eye Hospital. Through this van we are able to give door step service at the rural area and urban area along with sick people. Community people's are so happy by having their door step service. Panchayat Sarapanch and Ward member over telephone they are informing us to do Van Camp in their Panchayat Office. It makes good effort to find out the different Eye dieases.
7. Glaucoma Awareness Program was conducted in World Glaucoma Week from 12th to 19th March 2023. Awareness for prevention & early detection of Glaucoma was done through different activities, Glaucoma related topic radio talks & Videos were shown. Awareness rally was conducted at Kudiary Village, Jatni, Khordha district with Mobile Eye Care Van and Khallikote College Stadium, Berhampur. It was telecasted in UTV & News 7.



### Activities in Current Year (2022-2023)

*Besides our routine activities of Base Hospital and Community Outreach through Eye Camps following activities were conducted*

8. Training Programme for NGOs and lead opinion leaders in community regarding Inclusive Eye Health at our Vision Centre, Chilika on 13th January 2023.
9. We had Schools Screening and Asha, Anganwadi Sensitation Programme at Krushna Prasad Area, Dist. - Puri.
10. Officially our staff attended the training on inclusive Eye Health Care at Bhubaneswar, Kolkata & New Delhi.
11. Staffs went Vellore for contact course for Diploma in Hospital Administration for 10 days.
12. Attend Disaster Meeting at bhubaneswar.
13. Dr. Bal's radio talk on Eye Donation.
14. Memorial Service of Dr. Bal.
15. Emergency G. B. Meeting at ECOS.
16. Making Garage & Repair for Mobile Van accomandation.
17. Repairing water storage place and white washing & colouring the campus and ECOS Eye Hospital
18. Receipt the Mobile Eye Care Van from Vasai, Mumbai.
19. CBM Team visited ECOS Eye Hospital, visited Jatni Vision Centre & special Mega Eye Camp with Mobile Eye Care Van Mrs. Uma Bharati, Sr. Programme Officer, CBM & Dr. Dominic, Advisor to CBM visited.
20. The trend explained us IEQ Activation plans.
21. We had several Mobile Eye Clinic Van special camps by the request of Chatrapur MBI.
22. Different Block Office, Panchayat Office and Village Leaders requested to have Eye Screeing Camp through Mobile Eye Care Van.
23. Many oldage people are informed us to give door step service us their on sick people.



Eye Service for the Prisoners through ECOS Eye Hospital



School Screening Activities, around 200 students we are provided free Spectacles by ECOS



Dr. Mihir Kumar Bal, Executive Director of ECOS sudden demised on 23rd July 2022



Ganjam District CDMO Dr. Uma Shankar Mishra Inaugurated Mobile Eye Clinic Van on World Sight Day



Dr. Mihir Kumar Bal, Executive Director of ECOS sudden demised on 23rd July 2022



Ganjam District CDMO Dr. Uma Shankar Mishra Inaugurated Mobile Eye Clinic Van on World Sight Day



Glaucoma Awareness Programme conducted on 12th - 19th March 2023



Inclusive Eye Health Training Programme for NGO Leaders







Anganwadi Sensitisation Programme at Krushnaprasad, Puri



Sensitisation Training Programme among the Asha Workers at Gopalpur



Free Spectacle Provided to Needy Students



ECOS Eye Hospital Staff attending CBM inclusive Eye Health Training Programme at New Delhi



ECOS Staff Mr. Santosh Sabat receiving inclusive Eye Health Training Certificate at New Delhi



ECOS Staff Mr. Kaleb Jena receiving inclusive Eye Health Training Certificate at New Delhi



Memorial Service of Dr. Mihir Kumar Bal



Celebrating Independence Day at ECOS





Three Staff went to Vellore for Diploma in Hospital Administration Training



Dr. Dominic Giving Three Spectacle to the poor Women at Lanjia, Kukudakhandi Block Mobile Van Clinic Camp



Dr. Dominic Giving Three Spectacle to the poor Women at Lanjia, Kukudakhandi Block Mobile Van Clinic Camp



Mrs. Uma Bharati and Dr. Dominic visiting Jatni Vision Centre



CBM Senior Programme Officer Mrs. Uma Bharati Taking Jatni Vision Centre Visiting



Dr. Dominic Advisor of CBM Visited ECOS Eye Hospital and Giving the Training about IEQ Action Plan



Chatrapur RTO Office MBI having Eye Screening Programme Office Staff along with Truck Drivers



Lanjia Mega Camp Operation Patients waiting to go Home







BeMc Disability Eye Screening Camp at Berhampur



BeMc Disability Eye Screening Camp at Berhampur



All India Petrol Association Invited to have Mobile Clinic Van at Khallikote



Purusottampur Block Office Invited to have Mobile Clinic Van at Purusottampur



Everyday ECOS Eye Hospital having publicity around Three Districts



CDMO Ganjam Dr. Uma Shankar Mishra Testing his Eye



Dr. M. K. Bal Testing the Eye at Bikrampur, Khallikote with Matira Bandhu NGO on 22nd April 2022



Dr. M. K. Bal Testing the Eye at Bikrampur, Khallikote with Matira Bandhu NGO on 22nd April 2022





ECOS Eye Hospital Staff Photo



CDMO Ganjam Dr. Uma Shankar Mishra at ECOS





## *Life Journey of Founder Dr. Mihir Kumar Bal*

Dr. Mihir Kumar Bal was a visionary where there is no vision, the people perish. he was a man of vision & obedient to God to fulfill the vision. God does use the meek and humble persons for his work to carryout this purpose. God plans a work, he works out his plan in the life of the Individual and completes his plan.

After all what is man ? He is God's masterpiece creation. When man accepts the sovereignty as God in his life he becomes the trophy of grace. Anywork or vision to the accomplished requies the grace of God in our lives. ECOS is such on institution of grace and it is the gift from God to the visionary man Dr. M. K. Bal. Dr. Bal was the eldest son of professor in literature DR. Gangadhar Bal. Dr. Mihir Bal had his schooling at Bhadrak, Cuttack, Balasore & Baripada districts. He graduated in medicine (MBBS) in MKCG Medical College, Berhampur and also had postgraduate M.S degree in ophthalmology from the same Medical College. When he was a medical student (1973-83), he saw the plights at people for eye treatment, there was borden in his heart since then.

After Post Graduation he went Evangelical hospital Khariar as Eye Specialist & then to Diptipur Christian Hospital, Sambalpur. At Diptipur he worked with renouned ophthalimiologist of that time Dr. Dalganjan Suna and gained good experience in ophthalmological surgery. Unfortunately he met one very serious road traffic accident while returning from an eye camp on 22nd November 1984. He had lots of injuries all over body, fractures & dislocation of pelvis, fracture of right leg with disruption of skin and underlying fat, Head injury at the frontal area. Causing closure of eyes for 3 days. he lost consciounes and after 5 bottles of blood transfusion he gained consciounes & alive at VSS Medical College Burla. Due to slow improvement he was refered to SCB Medical College, Cuttack where he was under the treatment of different departments such as Medicine, Orthopedic, Ophthalmology, Plastic Surgery and General Surgery. After 3 days his eyes opened the right eye fully recovered but the left eye not. During that time he thought of blind people who could not see the brightnes of this world & he thought - why God saved him from such a fatal accident ?

He was under treatment for 6 months in the hospital. When he went back to Diptipur his hands were not able to do surgery but with God's grace he regained it. Then he joined State Government Service for four years but could not find opportunity to do Eye work. His mind was always thinking why God saved his life ? There must be a purpose. In this second life he found a quote in the Holy Scripture Bible, from the book of Isaiah 42:7 - "To heal the blind eyes". He surrendened himself for the purpose of eye care. In 1991 while Dr. Vinod Shah, the medical secretary of Emmanuel Hospital Associations (EHA) New Delhi. Come for conference, Dr. Bal shared his vision to him. he encouraged him to start a project with an assurance of support of EHA. Dr. Bal then resigned from government job and determined to start a project "ECOS". Which started in a rented home at Giri Road inside Berhampur. He believed in God for provisions and God provided him two doctors Dr. Famkima Darlong & Dr. N. B. Rao to start the work. Work increased day by day and the ECOS building at 3rd Tota Street added to it & the Annex Bullding at ECOS added to it. Christofael Blinder Mission (CBM) become the donor partner for the noble work of humanity.



EHA supplied a house for staff quarters and an old jeep from another hospital to start the community activities. Dr. M. K. Bal went training after training sponsored by CBM to equip himself for the modern enhancement of eye practice & ECOS grew to a certain height where the people of South Odisha & neighbouring districts depend on it. Dr. Bal was awarded Eye Health leader 2015 from IAPB & ACCOIN award for Community Health in 2017.

### What is ECOS ?

ECOS is a registered Charitable Society and it runs the ECOS Eye Hospital.

ECOS Stands for Emmanuel Community Ophthalmic Services.

Emmanuel Means God with us, God was with Dr. Bal always.

He worked so hard day & night to heal the blind people from their eye ailments - Now ECOS in the friendly and domestic name for the people of South Odisha.

He wanted to give superspeciality eye care to the fellow beings & started one vision centre at Jatni aiming to Bhubaneswar state capital of Odisha. He had acquired one land for hospital but his sudden demise on 23rd July 2022 disappointed all.

Late Dr. Bal is survived with wife (Dr. Sashiprava Sahoo), Son (Dr. Shakti Kumar Bal) Daughter (Dr. Deepti Bal) and their spouses Dr. G. Ishitha (Daughter-in-law) and Dr. Partho Mukharjee (Son-in-law)

### Impact of ECOS

With limitation of manpower and resource, ECOS has given and will continue to give its best. It is heartening to know that Doctors who worked with us are now having very busy practice in their working area and some of them are heading big institutions. They are playing very active role to eradicate avoidable causes of blindness.

Ophthalmic Assistants & technicians who got training from ECOS are also contributing their role in vision care in & outside the state.

BMZ(The Federal Ministry for Economic Cooperation and Development) Germany contributed through CBM for ECOS annex building which will help us to have more space for our activities.

Work load in eye care is great. We have done our best with co-operation from like minded organizations. I see future is bright. We will have more space, more work, more blind eyes will see and more smile in their faces.





## About ECOS Eye Hospital



### What is ECOS ?

ECOS is a registered Charitable Society & it runs ECOS Eye Hospital. ECOS Stands for Emmanuel Community Ophthalmic Services.

**Emmanuel** - It means God is with us. It is not a name of any individual as some may think. Because we realize that God is with us, we want to show our response, serving our fellow beings, our love in action.

**Community** - We do community based activities. We felt that for a poor illiterate person visiting hospital is difficult, due to many factors. To remove this barrier we enter into the community to teach them health seeking behavior, treat their ailments and support rehabilitation.

**Ophthalmic** - Our emphasis is on community based activities. Facility for eye treatment in Southern Odisha was very minimal when we started ECOS. Moreover it is seen that elderly age group suffer more from eye problems as they don't know where to go and with whom they will go. This has been a neglected group.

**Services** - Service is rendered to our fellow being without any profit motive. To provide qualitative and quantitative eye care different activities are done. Eye Health can't stand alone. Hence, we do provide different services which promote eye health.

### Why & How it started : Written by Dr. M. K. Bal

As a medical student (1973-83) of local medical college (MKCG) I saw the plights of people for eye treatment. There was a burden in my heart since -then.

In 1983, I started working in a Christian Hospital at Diptipur (Near Bargarh) of the then Sambalpur district. There was a famous eye doctor - Dr. Dalganjan Suna who mentored me and created my real interest in Ophthalmology. Unfortunately there I met a road accident while returning from an eye camp with fractures all over my body and head injury I was almost dead-hospitalized for more than four months. On my sick bed, I used to ponder - why God saved my life? I started realizing that my life is a bonus from God. Thereafter, I got clear indications that I must dedicate my life for serving my fellow beings. But due to family and peer pressure I joined Govt service, but not satisfied with my work which I was doing there.

In 1991, I was sharing my vision with my friend Dr. Vinod Shah. He was then the Medical Secretary of Emmanuel Hospital Association (EHA) a group of Christian hospitals in Northern India. He encouraged me to start a project with assurance of support from EHA. I resigned from my Govt job. In faith ECOS started on 01 May 1991. My friends, relatives & well wishers were not happy with my decision to resign from a secure Govt job for an uncertainty. But I was determined. So ECOS was born in a rented House at Giri Road inside Brahmapur.

### How it shaped :

Initial period of starting something new is difficult & stressful, without help of any so called god-father. But, I believed GOD as my Father and he sustained me. His help came through different people organizations. One young eye doctor Dr. Famkima Darlung, fresh from Medical College & Dr. NB Rao who had his private practice in Brahmapur joined with me. Our activities started increasing. From 1994 onwards ECOS has been doing maximum number of eye surgeries in Southern Odisha till now.

Christoffel Blinden Mission (CBM) and international NGO supported our work from 1992, as they knew me and my earlier suffering of accident. Actually during my accident; they supported my treatment & gave me moral support.





We got some financial help from National Programme for Control of Blindness (NPCB) in 1996. With support of CBM & NPCB we purchased our present building at 3rd Tota Street near to Brahmapur Railway Station. This residential building was converted to a small eye hospital set up, but with limitations.

Since science of Ophthalmology is ever changing', trained myself in modern techniques off & on. In 1994 we started IOL implantation, probably first time in Southern Odisha.

With the help of Lions & Rotary Clubs and other Service minded organization we have conducted numerous eye camps in Southern Odisha & neighboring Andhra Pradesh.

We opened two satellite clinics at Ichhapuram & Aska for our regular activities. In those days eye care need was so great that we used to conduct eye surgeries in far away places like Jajpur (North Odisha), Araku Velly of Andhra Pradesh.

Since, 2002; we stopped conducting eye surgeries outside base hospital. But regular eye health awareness activities are being conducted till now.

### BAL JYOTI

In 2012 District Administration requested us to participate in one pioneer programme. "Bal Jyoti" to do eye check-up of all school children and provide them spectacles. Those requiring eye treatment & surgeries were brought to our base for Cataract & Glaucoma surgeries. This programme was for three years under 'Sarva Shiksha Abhiyan' of Ganjam district. It was a very successful programme which caught attention of the State and outside.

### MLOP

To meet middle level ophthalmic personnel need we started 'School of Optometry' in 2012 in collaboration with Christian Medical Association of India (CMAI). This was first of its kind in our state.

Since 1999; ECOS has been recognized a training centre by NPCB to impart training on Intra Ocular Lens implantation to eye doctors of the state & outside the state. It is a participating hospital in Vision2020 programme and its activities contribute to Minimum Development Goal of World Health Organization.

Not only we treat eyes at ECOS, but when natural disaster affected our State in Oct 1999 (Super Cyclone) and Oct 2013 (Phailin) we participated in Disaster Management activities. In 1999; we participated providing medical care in Jagatsinghpur & Paradip area with EHA. In 2013, we provided medical relief & rehabilitation work in Ganjam district.

### Impact of ECOS

With limitation of manpower and resource, ECOS has given and will continue to give its best. It is heartening to know that Doctors who worked with us are now having very busy practice in their working area and some of them are heading big institutions. They are playing very active role to eradicate avoidable causes of blindness.

Ophthalmic Assistants & technicians who got training from ECOS are also contributing their role in vision care in & outside the state.

BMZ(The Federal Ministry for Economic Cooperation and Development) Germany contributed through CBM for ECOS annex building which will help us to have more space for our activities.

Work load in eye care is great. We have done our best with co-operation from like minded organizations. I see future is bright. We will have more space, more work, more blind eyes will see and more smile in their faces.

**Dr. Sashiprava Sahoo**  
Executive Director  
ECOS Eye Hospital





## My Experience with ECOS



The lamp of the body is the eye. Therefore when your eye is good, your whole body also is full of light, but when your eye is bad, your body is also full of darkness. Therefore take heed that the light which is in you is not darkness. (Luke 11:34,35 NKJV)

These saying of your lord Jesus is very meaningful. Now with my eyes I am able to sit and write. Similarly my inward [spiritual eye] has to be touched by Him so that I can have a clear insight and vision.

“Where there is no vision, the people perish” Pro 28:19. During my college days, a blind preacher used to visit our home, Sunil bhai. He had a gifted voice, when he sang our heart and soul would be uplifted. His favourite song was “Adam Adam meri surat wale Adam tu kahan hai”. (Adam Adam made in my image where art thou. Being blind in both eyes, His spiritual eye was visionful to lift the soul of the hearer. In this world there are many who are blind from birth yet they were genius in various fields.

What is vision? We are careful to visit the ophthalmologist when we face some eye problem from mild to acute. No one would dare to neglect eye care and treatment lest they turn blind. Ophthalmologist will suggest for eye correction or operation as the case would be. Many are afraid of eye surgery and to live with hazy vision; which may lead to complexity of life as well as accidents. I had been postponing my cataract operation for quite some time, once I was about to ram onto the side pavement of the road while driving. At other time I banged against the iron gate in our house, when finally I decided to have the surgery done. Our family friend and brother Dr. MK Bal agreed to perform surgery of both my eyes in ECOS three years ago. My sight was fully restored. I thank God for such developed procedures in eye surgery in ECOS and other hospitals.

My experience with ECOS dates back to 1991 and even beyond as we had a strong relationship with Dr. Mihir and Dr. (Mrs) Sasiprava Bal over the years from Driptipur and Sambalpur when they were serving in the Government. He is no doubt a man with a vision.

In 1984 Nov, he had met with a fatal jeep accident while returning from an eye camp. No one ever believed of his survival. God had wonderfully saved his life for His purpose. Upon total recovery he joined in Government service and was posted in Sambalpur from there our association grew. He once had been to a spiritual meeting. It was there God gave him a vision to serve larger population. He had a vision from God to launch out an eye care centre for the people of Ganjam and South Odisha. Thus ECOS was born with few friends coming together to form a society. The work gradually took shape in a rented house on Giri Road opposite to the mission hospital. A small humble beginning in 1991.





When God gives a vision he will supplement and bring it to fruition. In Gen 12:1,2 God called Abraham, the father of faith to leave Ur of the Chaldeans, his Country, kindred to a land that he will show to make a mighty nation. God fulfilled His word of promise when Abraham walked out to the unknown in FAITH. Bible says faith without works is dead, as body without the spirit is dead.

Vision is coupled by faith and Dr. Mihir our brother did the same obeying the call of His Master. in the book of Isaiah chapter six, the prophet Isaiah saw a vision of God sitting on a throne. This happened after king Uzziah died.

He was the Lord sitting on a throne, it was an upward vision. This led him to introspect that how unclean and sinful he was, it was an inward vision, this made him to realize the holiness of God, further he had an outward vision which made him to see the need a vision of the ministry. When we see our sinfulness which is self centered and selfish life our outward vision will be blurred and lost. We need to see the need of other forgetting ourselves, lifestyle then only we can serve others. Four things are necessary for the vision to be operative.

- (i) Vision must begin with God's priorities, Gen 12:1
- (ii) Vision must include others. Gen 12:2,3
- (iii) Vision must have eternal values.
- (iv) Vision must have tangible and communicative.

For building people and in the process of building things for eternal values one has to depend on God.

At times vision can pass on to wrong hands. in case of Abraham in Gen 11:31,32 God had given Abraham the vision but his father wanted to lead the family, son and grandson. They could not proceed any further, hence they dwelt in Haran till the death of Terah.

The same thing can happen in the growth and development of institutions. Setback in the work and ministry happens when people without vision want to lead people with vision. It happened with ECOS in the beginning but by the help of wise counsel and wisdom it came back to the right track of development. Bible says where there is no counsel, people fall and in the multitude of counselor's there is safety (Prov 24:5)

In the life of ECOS there has been lots of ups and down but God's loving care for the physical vision of people of the area had enabled ECOS to accomplish the task, He will lead, fulfill and take this institution to greater heights for his glory.

**Retd. Prof DR. Subhankar Ghosh**  
MSC, PhD., DHE





# ECOS EYE HOSPITAL



**ECOS @ 33**




# ECOS



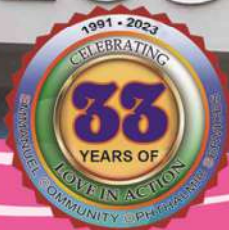
## ECOS EYE HOSPITAL

3rd Tota Street, Bijipur  
City - Berhampur, Ganjam, Odisha  
Phone : 89184 22918, 97356 36312  
Email : [ecoseyehospital@gmail.com](mailto:ecoseyehospital@gmail.com)  
Website : [www.ecoseye.org.in](http://www.ecoseye.org.in)

Follow us :

 [www.facebook.com/ecoseyehospital.bam](https://www.facebook.com/ecoseyehospital.bam)

 [www.youtube.com/ecoseyehospital](https://www.youtube.com/ecoseyehospital)



*We Are Committed For Inclusive Holistic Care !!*

## ECOS @ 33